

# ISLAND GUIDE

to the

## Stockholm Archipelago



Selected islands to visit in the Stockholm archipelago

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## Rout suggestions

These rout suggestions are planned for reasonable dayly siling, with start and finish harbours withing striking distance of the base in Gustavsberg.

### Sothern rout

1. Kymmendö (nature) **or** Napoleonviken (nature)
2. Nåttarö (nature)
3. Landsort (harbour)
4. Utö (harbour)
5. Huvudskär (nature)
6. Fjärdlång (nature)
7. Sandhamn (harbour) **or** Norrviken at Runmarö (nature w. dock)
8. Napoleonviken **or** Saltsjöbaden (harbour)

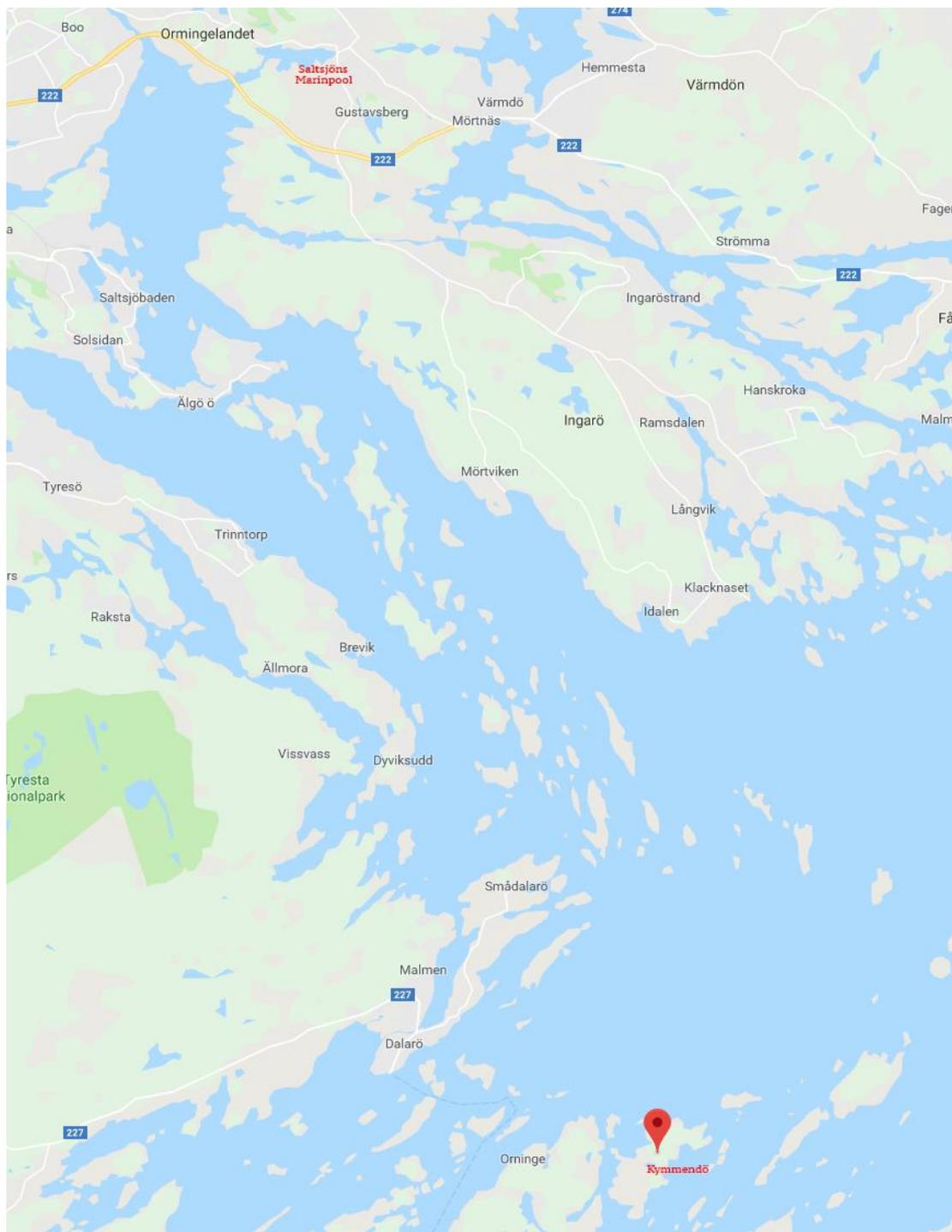
### Nothern rout

1. Norrviken Runmarö (nature w. dock) **or** Napoleonviken (nature)
2. Sandhamn (harbour) **or** Lökholmen (nature w. dock)
3. St Nassa (nature)
4. Rödlöga (nature)
5. Finnhamn (harbour) **or** Paradiset (nature w. dock)
6. Säck (nature)
7. Grinda (harbour)
8. Vasahamnen (harbour) **or** Gustavsberg base

### The long rout

1. Kymendö (nature)
2. Huvudskär (nature)
3. Landsort (harbour)
4. Nåttarö (nature) **or** Utö (harbour)
5. Sandhamn (harbour) **or** Lökholmen (nature w. dock)
6. St Nassa (nature)
7. Paradiset (nature)
8. Saltsjöbaden (harbour) **or** Vasahamnen (harbour)

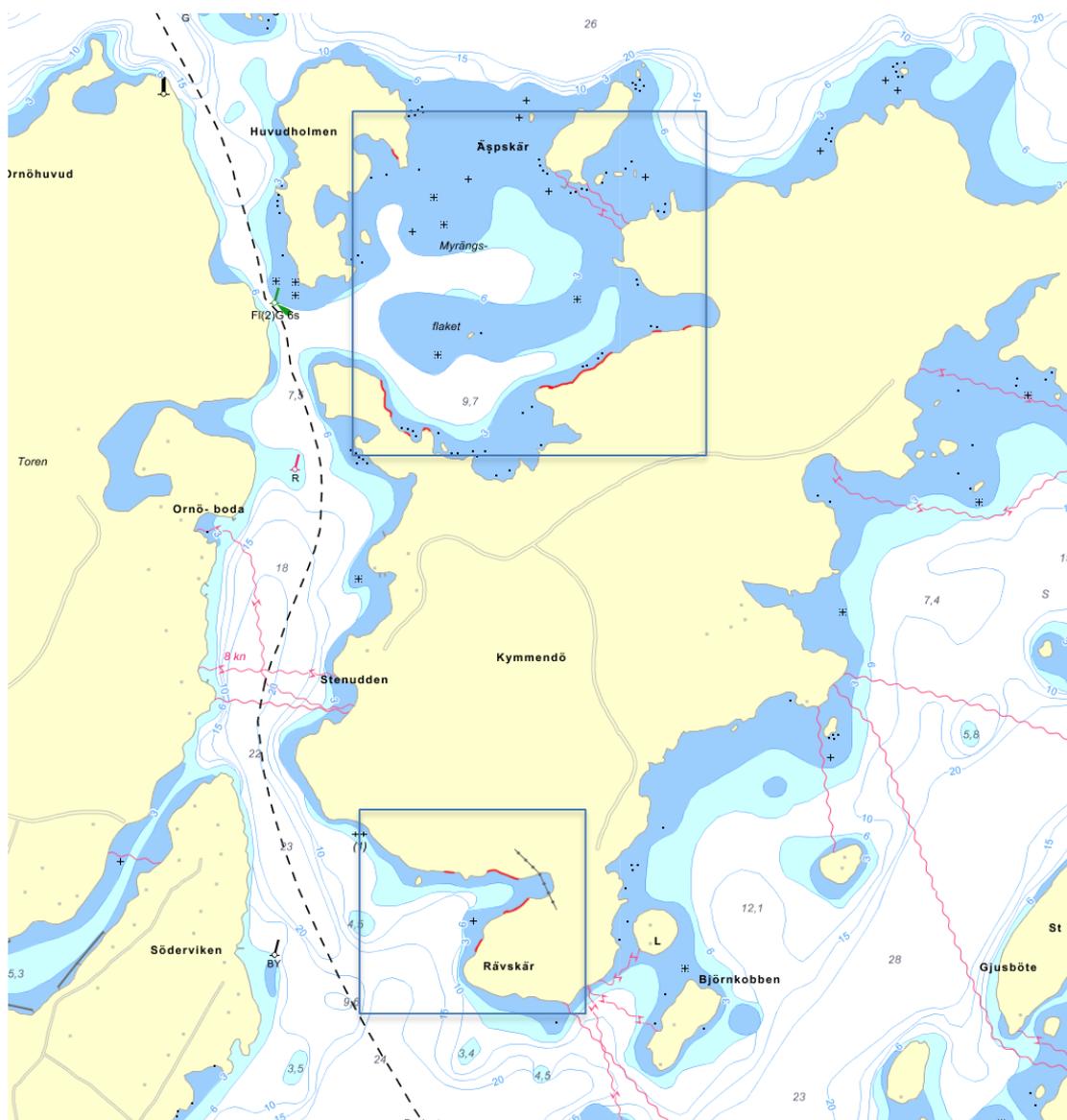
## Kymmendö



Kymmendö is a privately owned island that has been in the same family since 1802. But because of "the Right of Public Access," everyone is welcome to come here for a visit.

Kymmendö's genuine archipelago milieu is well worth a visit any time of the year. In summer, business is bustling with archipelago farmers selling lamb products. There are also guided tours, shopping and restaurants.





The red lines mark places to move to the shore.

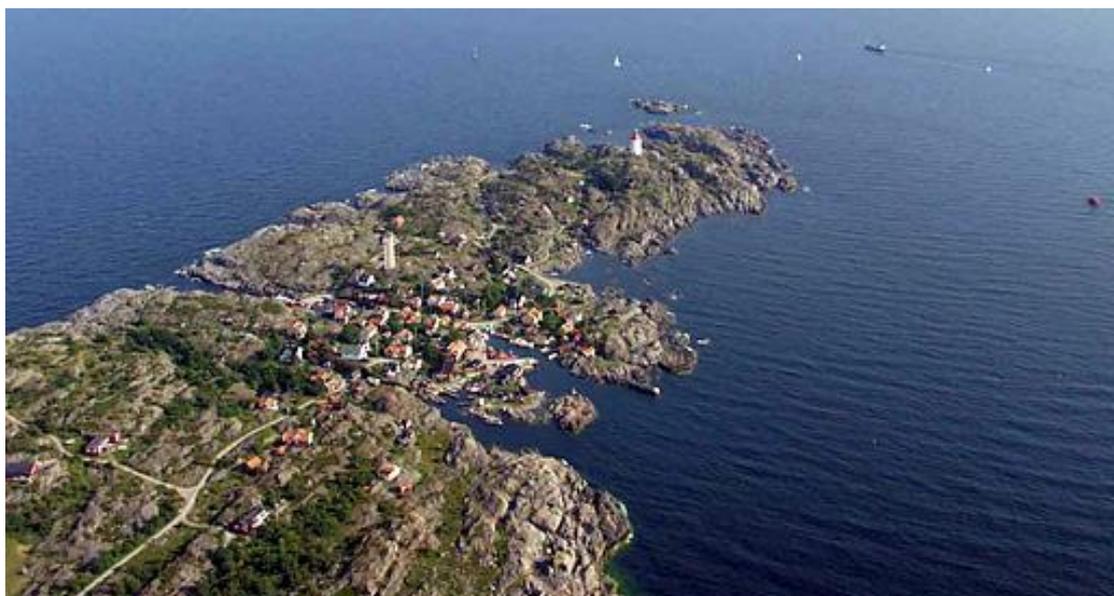


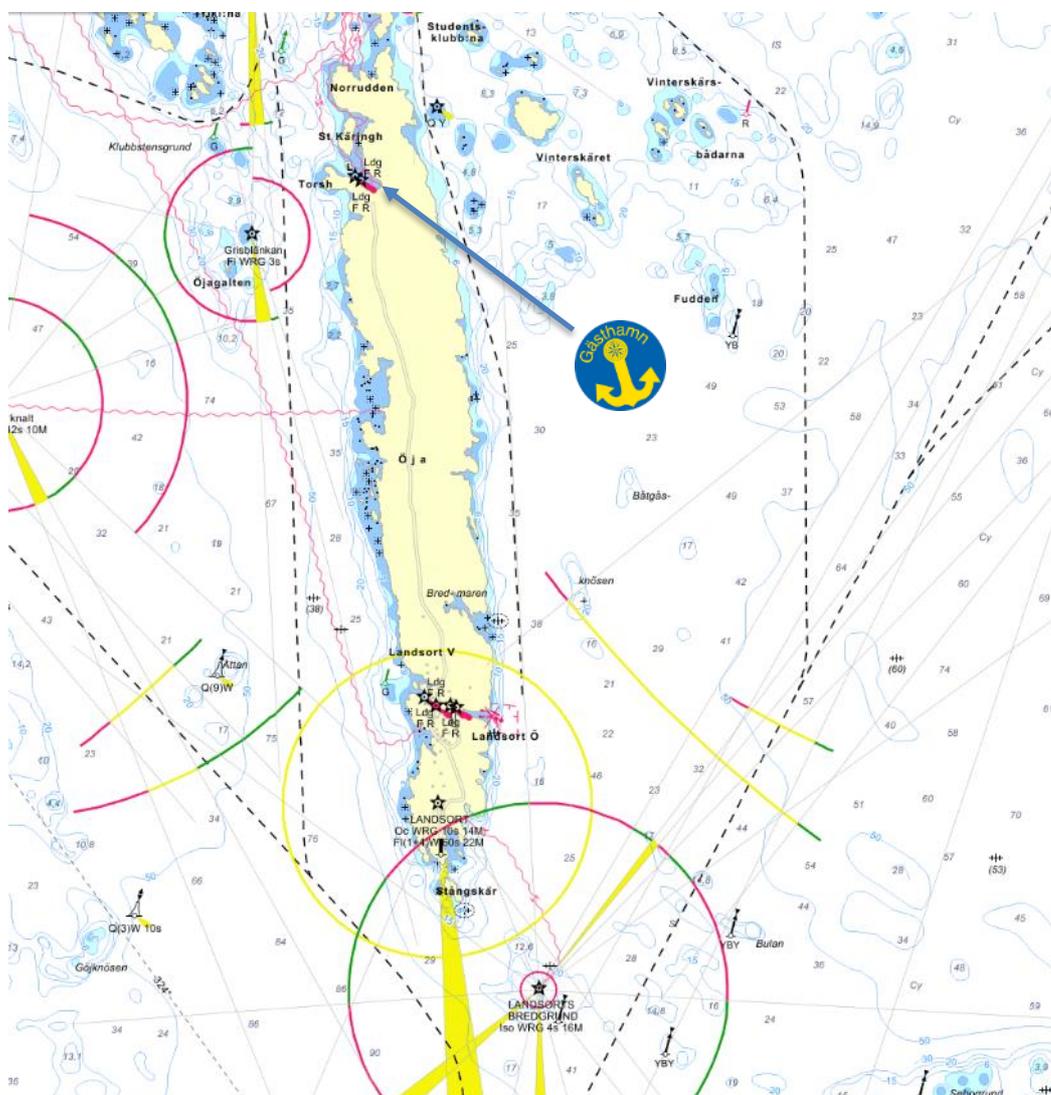
Stroll around and see this year's sculpture exhibition, where artwork is displayed all around the island - with the open horizon as a backdrop.

If you want to stay the night, Landsort's Hostel, Bed& Breakfast in the old pilot's tower and Sjöblom's cottages are open year round.

In summer, there is also a guest harbour on the northern part of the island. In the charming village of Storhamn, there is a store, pub, and food service during summer.

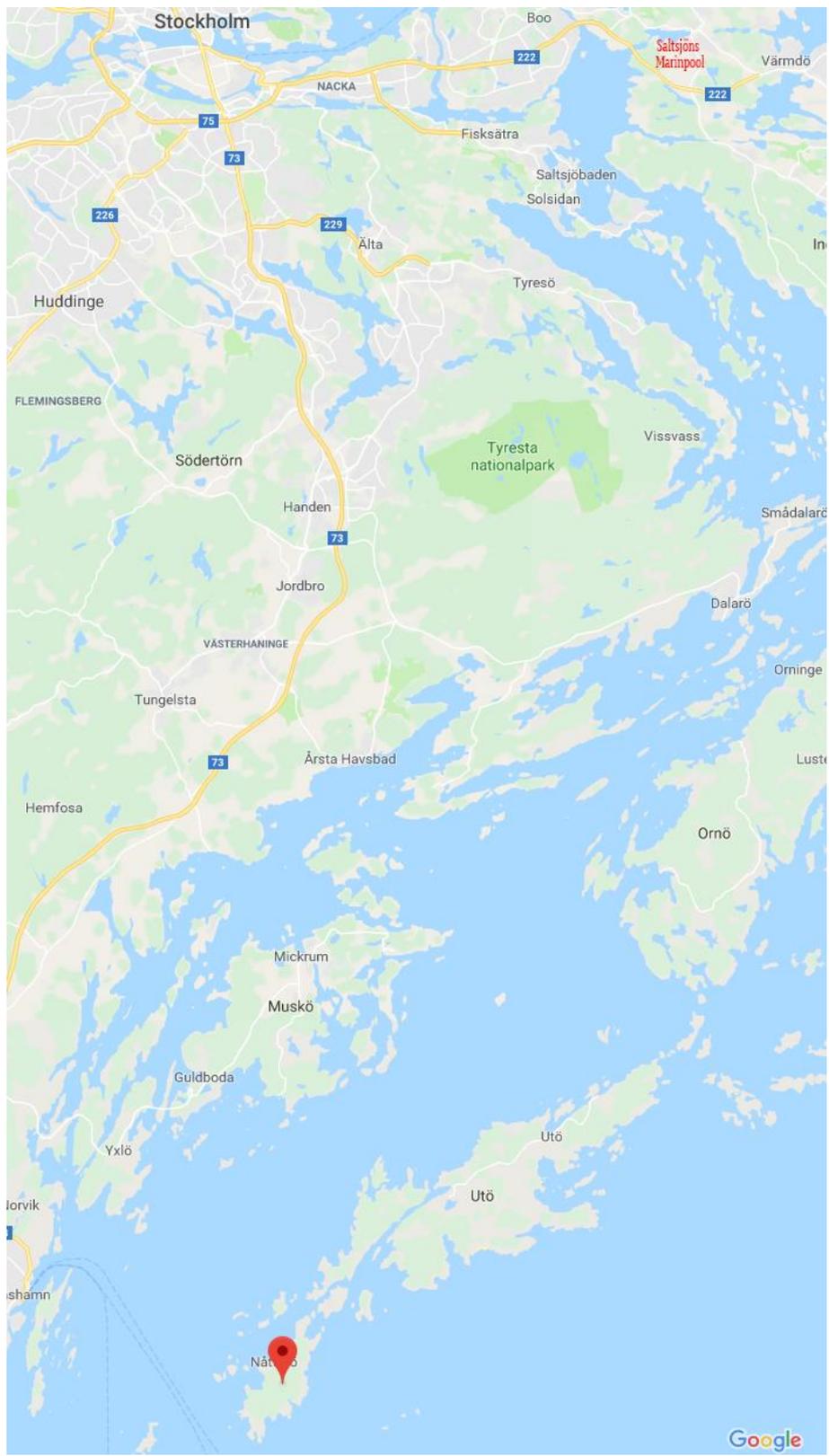
Here, you'll also find Sjöpricken's ceramics studio and Svedtilja's restaurant that serves breakfast, lunch and dinner all year round if you pre-book your visit.





Only place to stay at Landsort is in the guest harbor in “Norrhamn”.

# Nåtтарö



On the island Nåttarö, you'll find the Stockholm archipelago's largest sand area and many beautiful sand beaches. The most famous is Stora Sand, but the slightly less known Skarsand is also recommended if you feel like swimming. Thanks to its unique flora and fauna, Nåttarö is a nature reserve and you can move freely over the entire island.

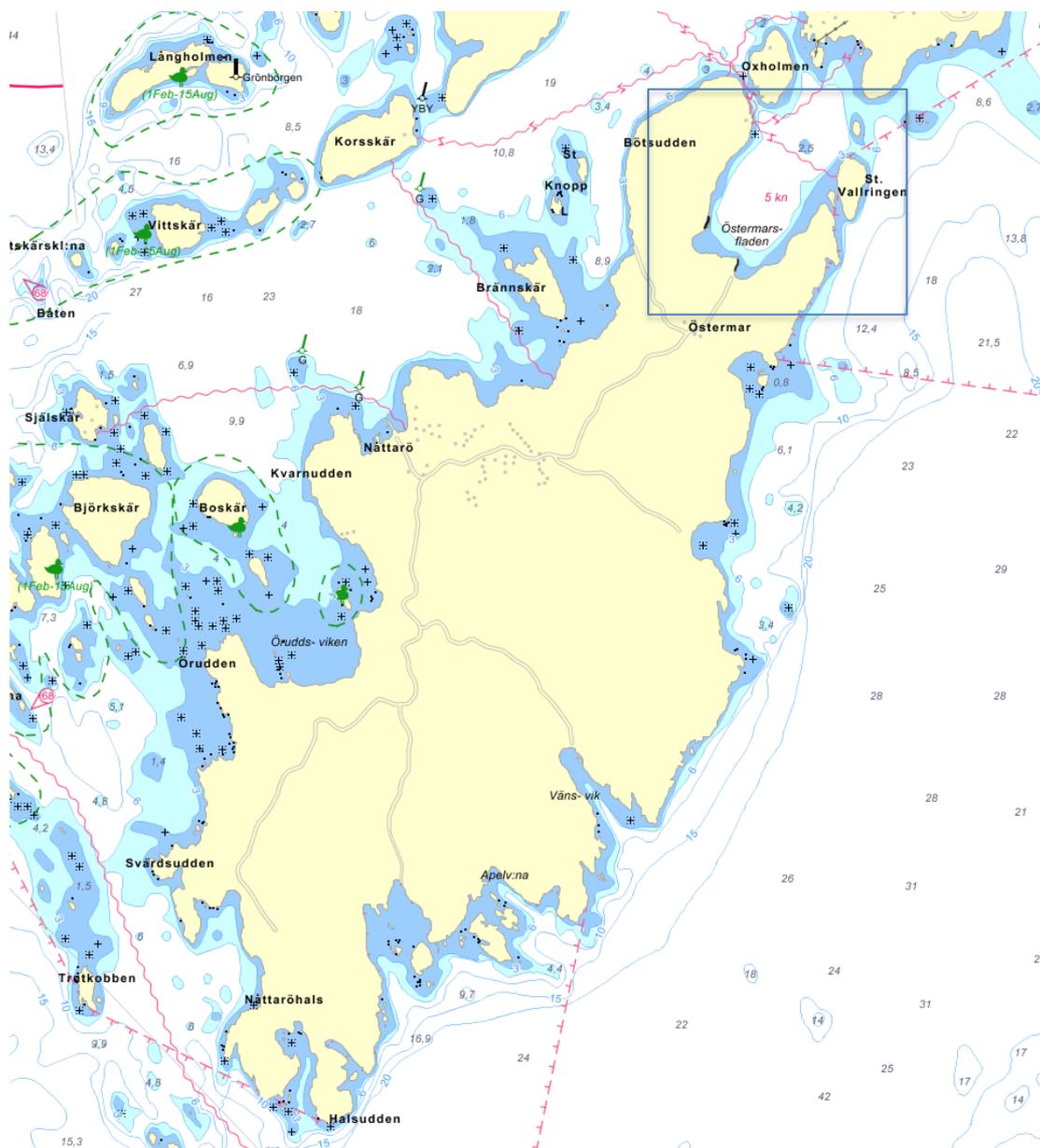
Come here to sunbathe, swim and fish! Go cycling or hike along trails through magical forests. Swim in the Stockholm archipelago's first snorkeling trail with underwater signs that tell about everything from prawns to checkered snails. And don't miss Drottninggrottan (Queen's Cave), where queen Maria Eleonora hid while waiting to flee the country. It is said that it was here she buried a gold box containing her deceased husband's heart.

Far to the north lies the mountain, Bötsudden, with its wonderful views. Here you'll also find preserved Russian ovens, remains from the Russian's ravage of the archipelago in 1719, when a large part of the archipelago's buildings were burnt down. In the island's most southern part, Nåttarö Hals, there is beautiful flora and a number of military monuments.

You will find shops, restaurant, hostel at the island too.







Best place to anchor or more is in the cove “Östhammarsfladen” in the north of the island.

# Utö/Ålö



One of the largest islands in Stockholm's southern archipelago and perhaps one of the islands with the greatest variety of activities all year round.

There's something here for everyone, whether they're families with small children, senior citizens, nature lovers or newlyweds. You can take a day trip or stay the night at an inn, hostel or cozy cottage.

On Utö, you'll find Sweden's oldest iron mines from the 1100s. The trenches, which you can still see, are filled with water - some of them 215 metres deep.

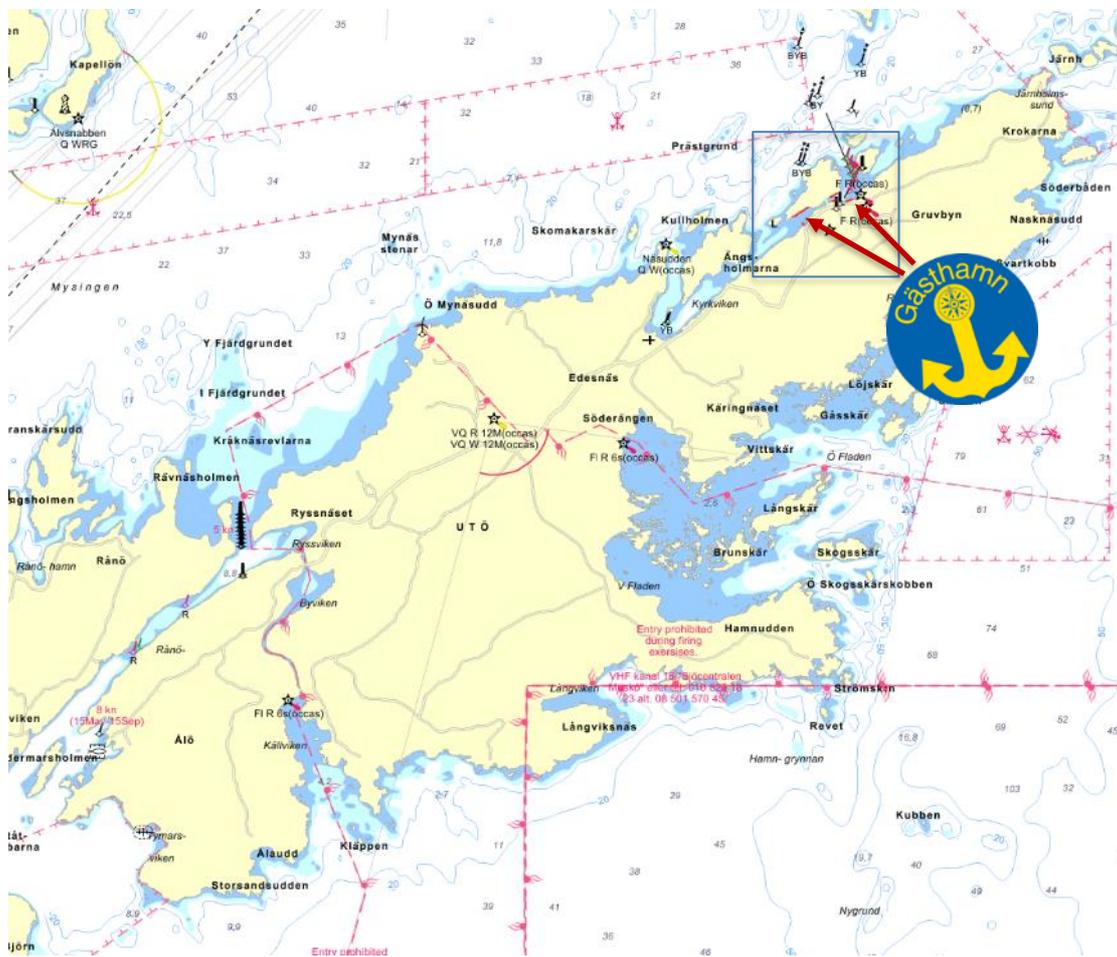
For those who are interested, there's also a mining museum which tells about the mining industry's history.

Utö, which is connected to Ålö, is perfect for those who want to cycle and, of course, there are bikes on the island to rent. You can also simply walk around on the different roads and paths. When it's hot outside, there's swimming everywhere. If you like fishing, there are many good coves for that, too.

It's always nice to have a good meal after spending the day outdoors. In Utö, you'll find many restaurants and cafés with local specialties. Many of them are open year round, which makes Utö a popular destination for all seasons.

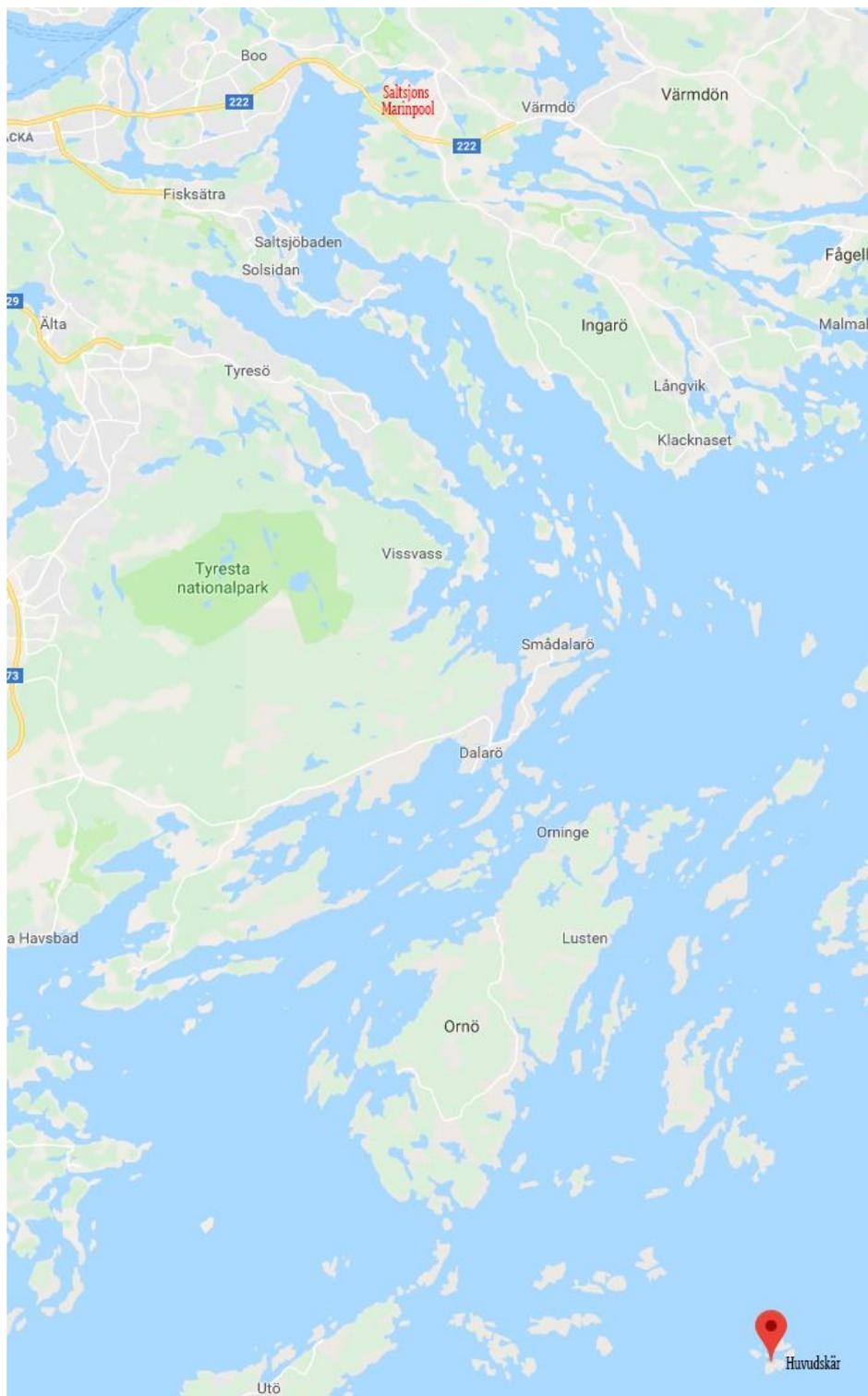






There are two separated harbours at Utö. The red lines marks docks to anchor to.

## Huvudskär



Huvudskär is Hanninge archipelago's final outpost. A vast and beautiful archipelago with over 200 islands, islets and rocks.

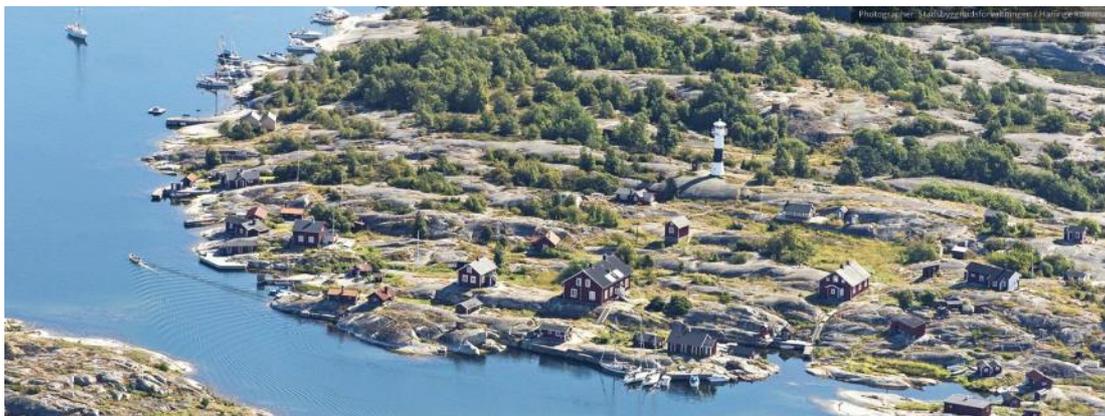
The largest island is Löskär, but people are usually referring to the somewhat smaller, but populated Ålandskär island when they talk about Huvudskär. In the Middle Ages, there was a fishing village and, later on, the island became known as a pilot-, customs- and lighthouse station. Today, the old customs house is a hostel and, in the pilot's house, there is an exhibit about Huvudskär's history.

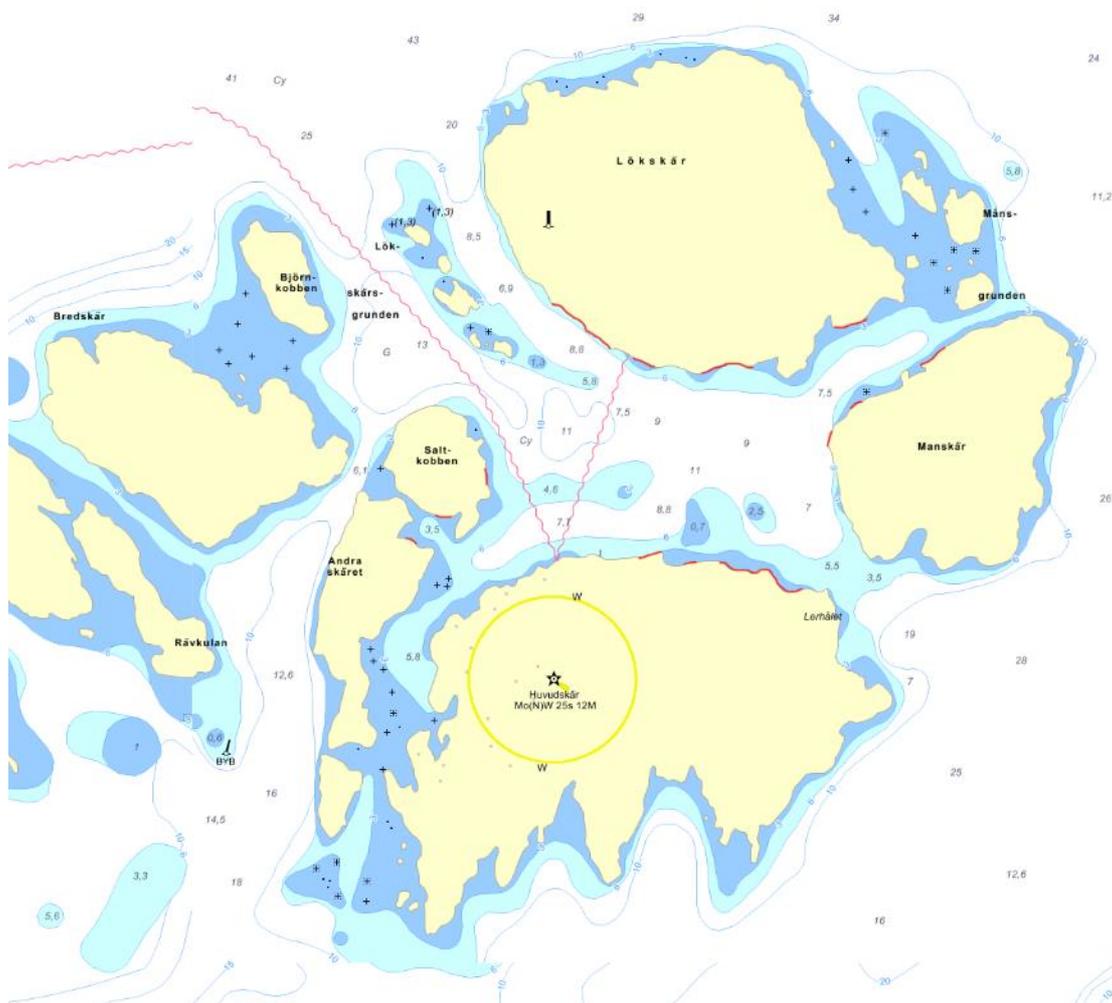
On Huvudskär, you can experience the barren outer archipelago's distinctive beauty. Cottongrass, heather and crowberry grow in the crevices between the bare rocks. Seals rest on the low-lying rocks and sea eagles hover in the sky. Look out over the open horizon and experience the magical light that has captivated so many artists and photographers throughout the years.

Take a walk around the island, go fishing, sunbathe, and be sure to swim in the much talked about blue lagoon, or from the smooth, sun-warmed rocks.

There are neither shops nor food service on the island, so be sure to bring a packed lunch.

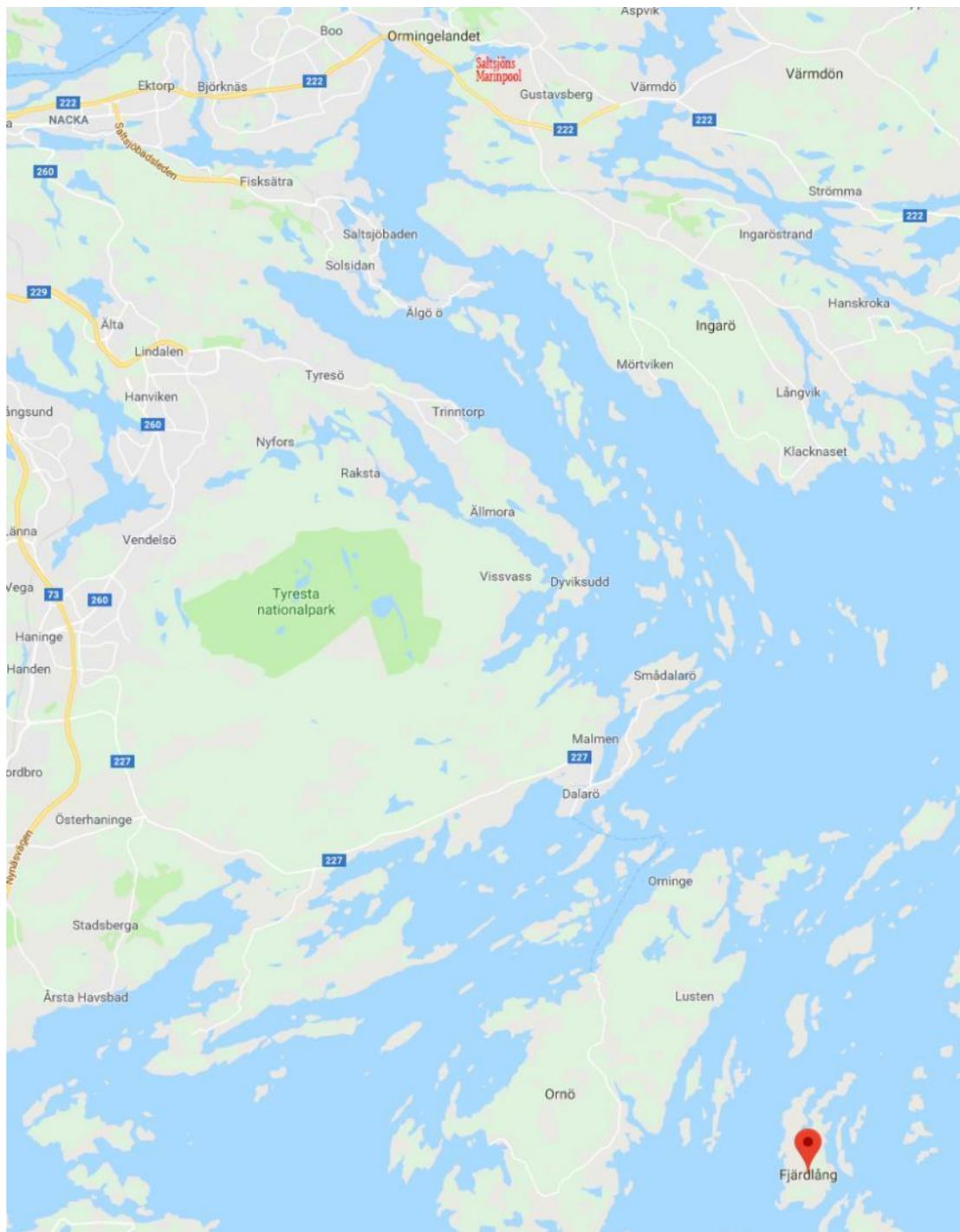






The red lines mark places to more to the shore.

# Fjärdlång



Fjärdlång is one of Haninge's twenty nature reserves. Here you can experience the pristine archipelago's diverse scenery and rich, interesting wildlife. Don't be surprised if you get to see elks, fox, owls and eagles.

Follow one of the island's many hiking trails, which are of varying length and difficulty. Take the one that leads up to the lookout point Tysta Klint, 36 metres above the sea, and you'll see far over the ocean and bay.

Fjärdlång is a great destination for the whole family. Aside from the many hiking trails, there are large grassy areas suitable for different ball games and activities. Swim from the rocks or the small sandy beach by the harbour.

Rent a kayak and explore the waters around the island. In late summer and fall, Fjärdlång's berry and mushroom picking might be more appealing than swimming. Fishing, of course, can be done year round.

If you want to stay in Fjärdlång for more than a day, there is year round rental accommodation as well as nice camping grounds.

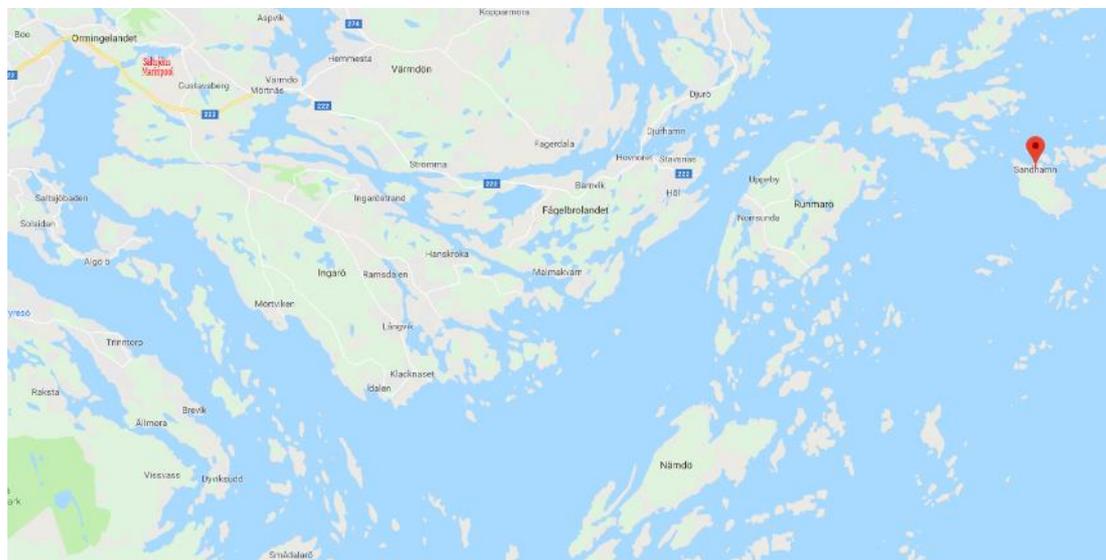
The restaurants are open only in summer.







## Sandhamn



Sandhamn, or Sandön, which is the island's proper name, was named after the sand dunes that run across it. Because of this, the island offers bare rocks that are typical of the outer archipelago as well as long, white sand beaches.

People have travelled here since ancient times and, still today, Sandhamn is one of the archipelago's most popular year-round travel destinations.

The harbour has cafés, restaurants, shops and a hotel. Sandhamns Vårdshus, a restaurant and inn which opened its doors in 1672, is a classic. Here you can still enjoy lazy days in the sun or snuggle up by a cozy fire when the cold settles in.

However, the best way to discover Sandhamn is by foot. There's a good network of walking paths all over the island. They take you out to the open sea and beaches, of which Trouville is a favourite for many. Here you'll also have the opportunity to visit the settings that Viveca Sten writes about in her fictional Sandhamn Murder series.

Sandhamn also offers many island adventures. Discover the small islands where sea and sky meet in the outer archipelago, or try any of the other activities. In summer, the island is often buzzing with visitors.

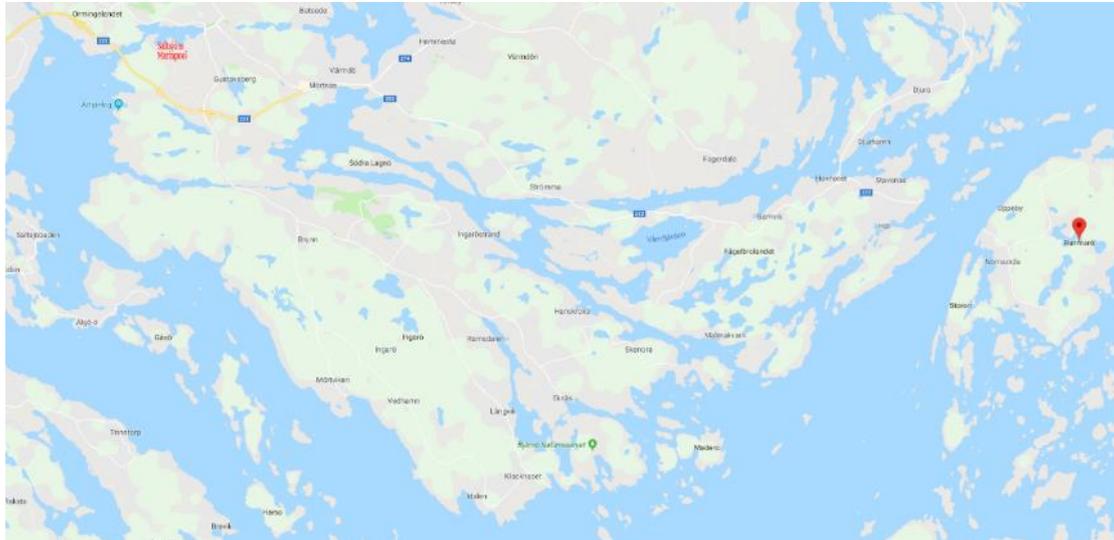






There are two harbours here, one at Sandön and one at Lökholmen. Lökholmen is perhaps the calmer one... There is a small shuttle regularly going between Sandön and Lökholmen.

## Runmarö



Runmarö is a lively island of exciting and varying nature that has inspired many artists including Tranströmer, Strindberg, Forsell and Törneman. Commonly known as "the author's island," Runmarö is one of the nearest islands in the Värmdö archipelago; the boat trip from Stavsån takes just 10 minutes and the boats go regularly all year round.

In summer, the meadows bloom orchids and Runmarö can show off 27 different species.

The buildings are mostly concentrated in villages, most of which have authentic archipelago houses.

Runmarö showcases a very exciting and varied nature, and the island actually has nine lakes, although they call them marshes here. One of these is the Magical Silver Swamp, which was acknowledged by Strindberg.

In July, popular cultural events take place, such as Runmarö Day as well as different theatre performances.

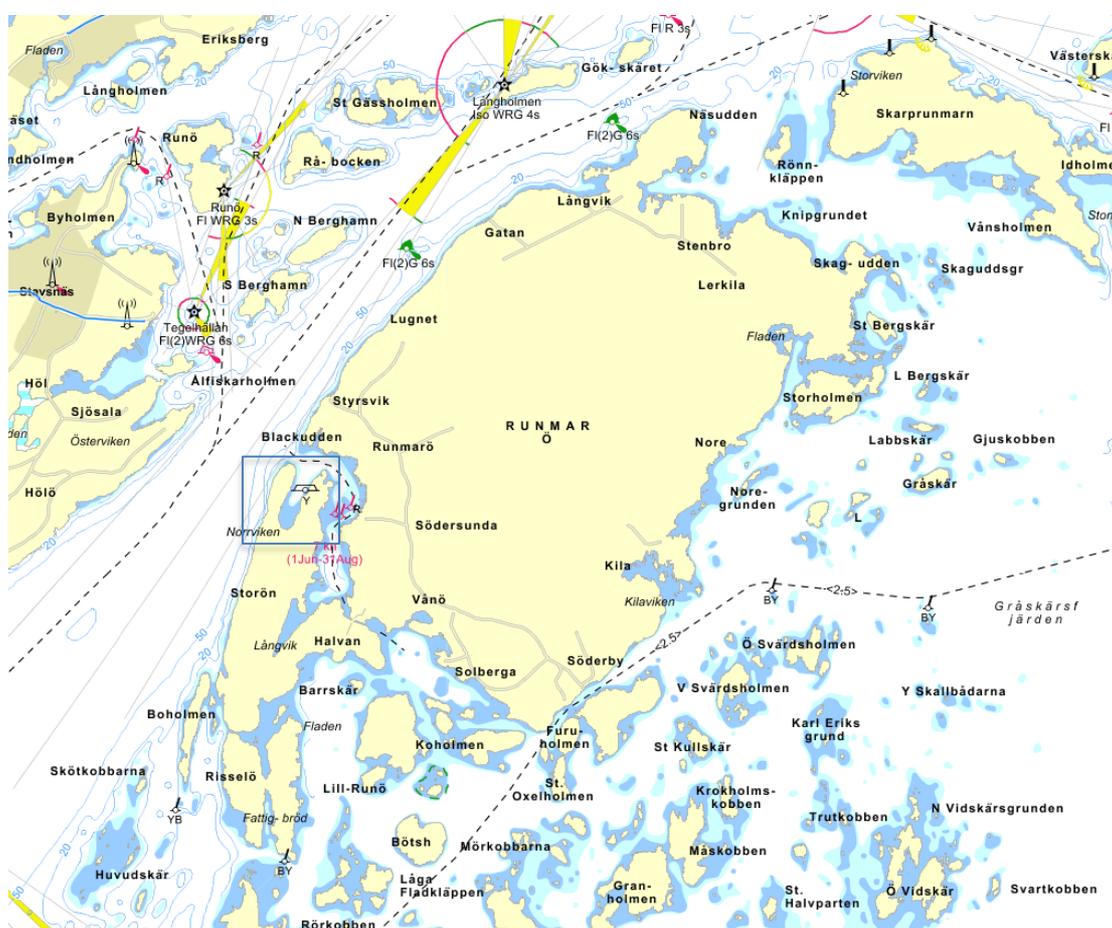
The island has a large resident population and a broad range of services with shops, bakeries and restaurants.

Thanks to its proximity to the outer archipelago, Runmarö is a great starting point for kayak tours. On the southern part of the island, by Solberga Gård, you can rent kayaks, shop for handmade crafts in the farm shop, or enjoy the view from the garden café.

Telegrafberget - the island's highest point can also be found there. It's a popular destination with breathtaking views of all the outward islands.

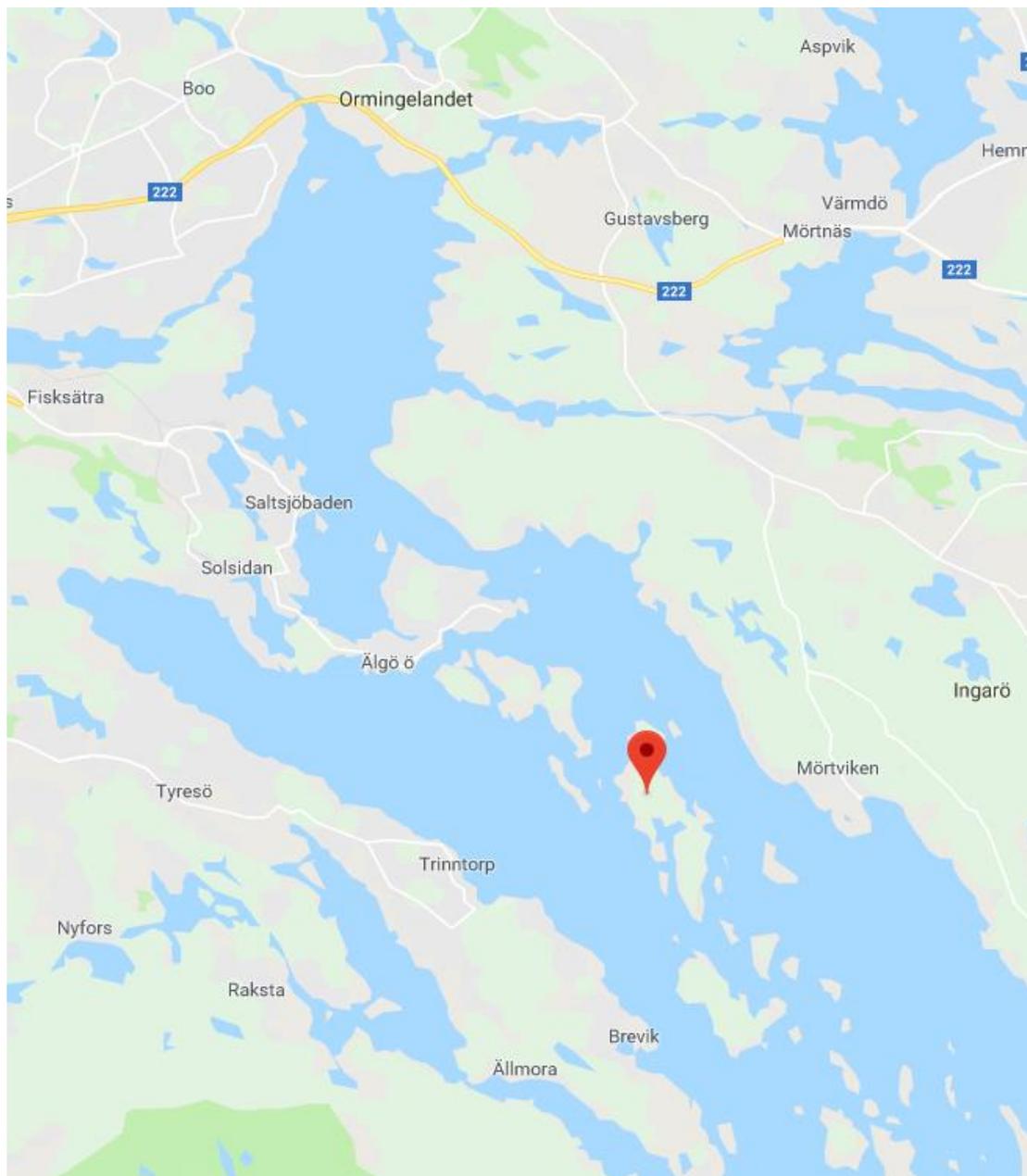






Norrviken has a dock to more at and a bookable sauna.

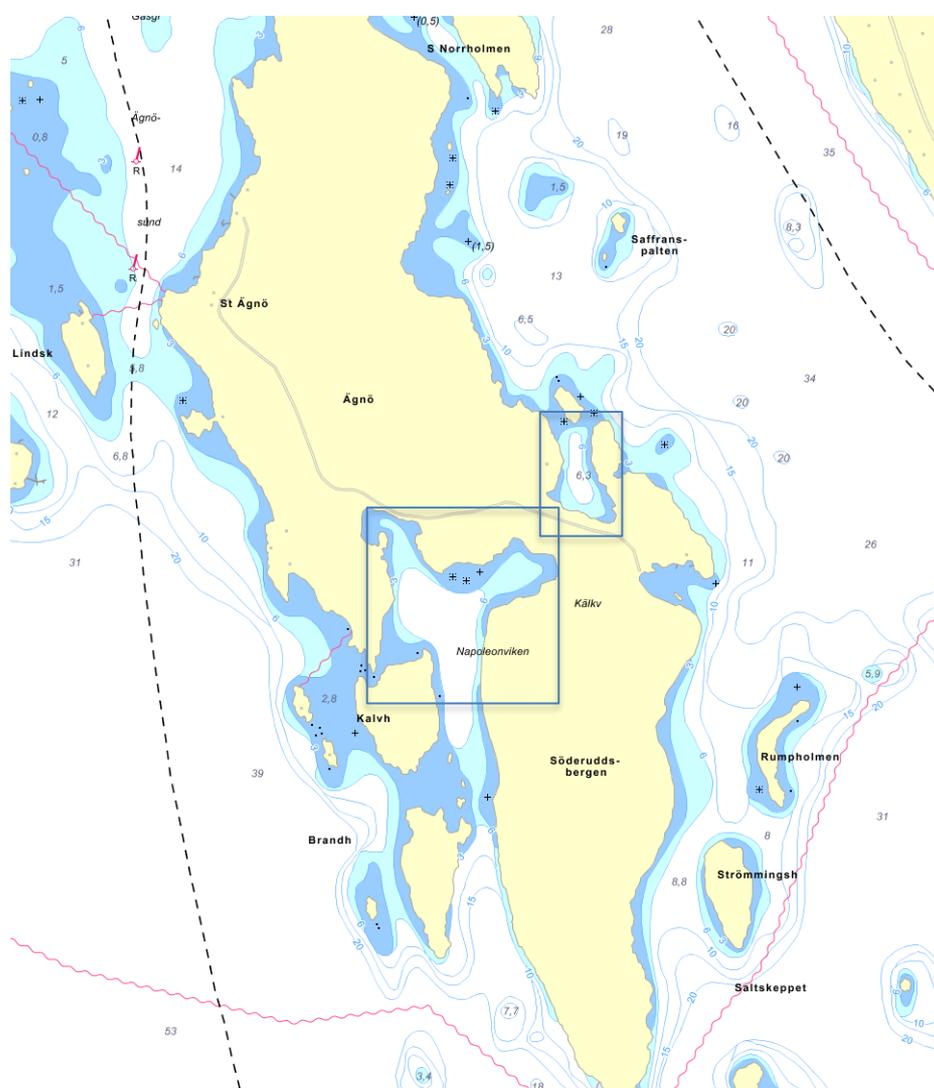
## Napoleonviken



Napoleonviken is one of the archipelago's most popular harbors, located on the island of Ägnö, about 4 miles southeast of Saltsjöbaden.

The island is accessible and easy to add at. The high cliffs and surrounding forest make the port extra sheltered and pleasant to stay in any weather. You reach the archipelago's atmosphere quickly, short distance from the city limits. The wonderful environment is then supplemented with possibilities for bathing where the seals sometimes make you join the dock sometimes. You can also go fishing for a night, pick a berry, barbecue or take a walk on the island, which is also a nature reserve. The Napoleonic Gulf is truly the perfect stop or end of the sail!





Both of the marked coves provide excellent shelter and good mooring.

## Saltsjöbaden



At the gateway to the archipelago, in the scenic Saltsjöbaden. Close to Stockholm city, yet with access to open fjords and fine sailing water.

Saltsjöbaden Outdoor Bath is a well known bath in Nacka, and one of Stockholms most beautiful outdoor baths. Here you have separate baths for men and women, sun terraces and sauna. Entrance fee.

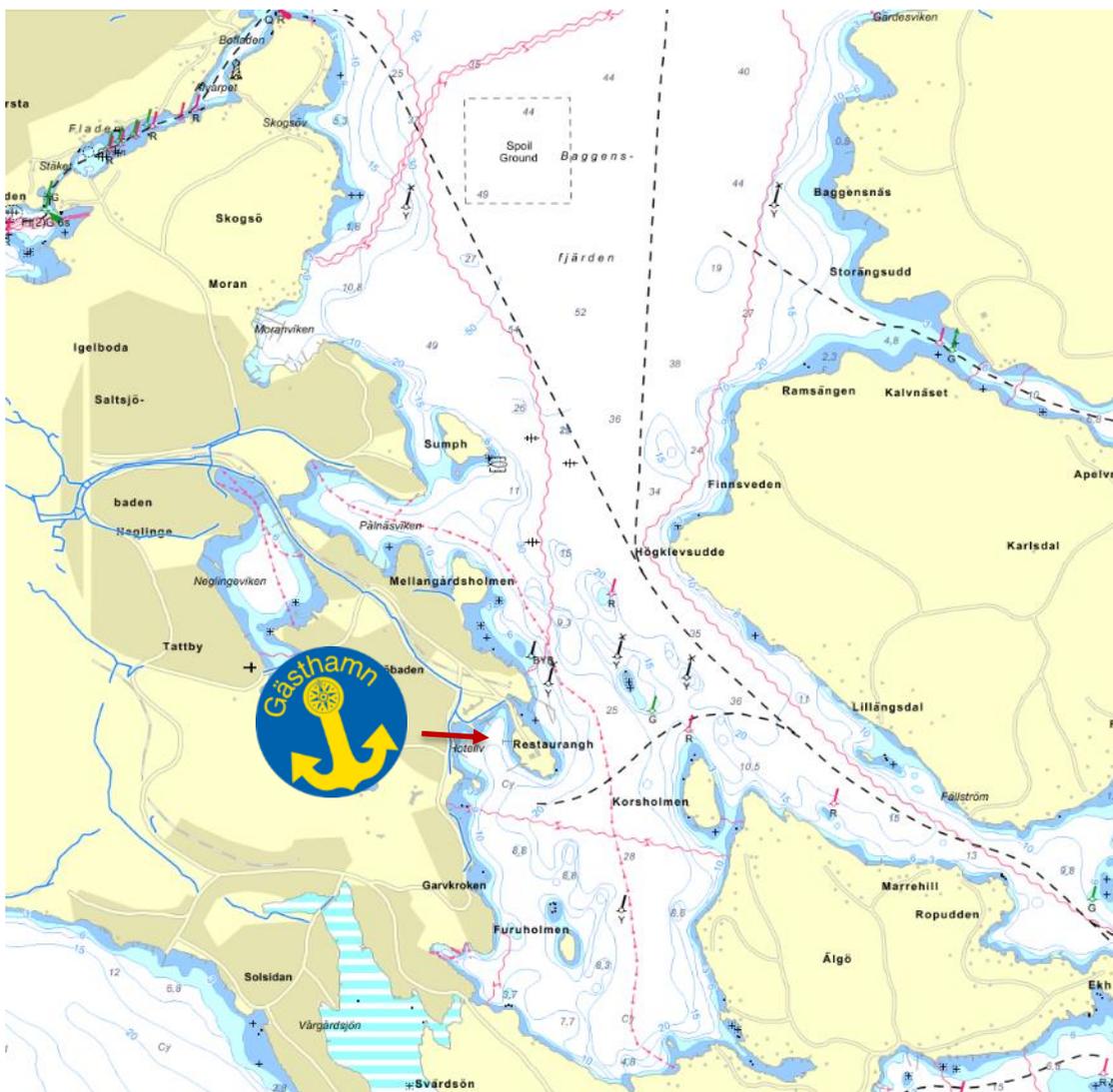
There is also a sandy beach here, which is open for all.

You will find cafés and restaurants with boat parking space.

The Grand Hotel Saltsjöbaden is a stunning building next to the water for spending the night.

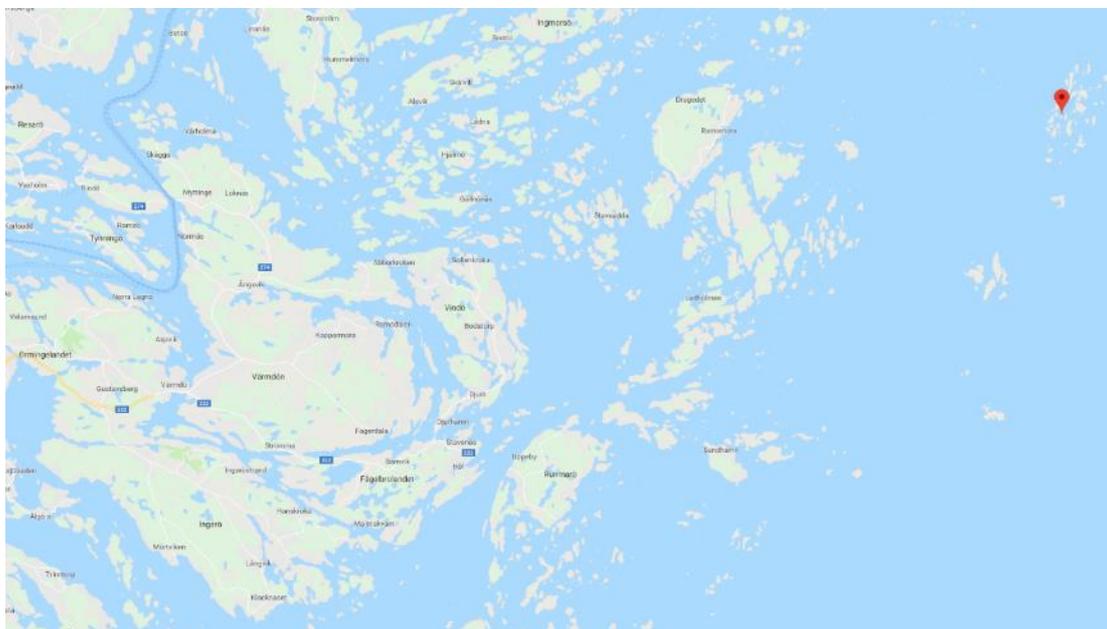
Saltsjöbaden also has an old Observatory (Stockholm Observatory) which is a great building to see too.





Harbour with mooring on docks.

## Stora Nassa



The Stora Nassa Nature Reserve is located in Stockholm's outer archipelago, around 15 km east of Möja and 55 km east of Stockholm, and is only accessible by private boat.

The reserve was formed by the County Administrative Board in 1965, in consultation with the owner family, and comprises 2950 hectares of which 310 hectares of land. Landowners and trustees are E. and R. Nathanson's family foundation Stora Nassa.

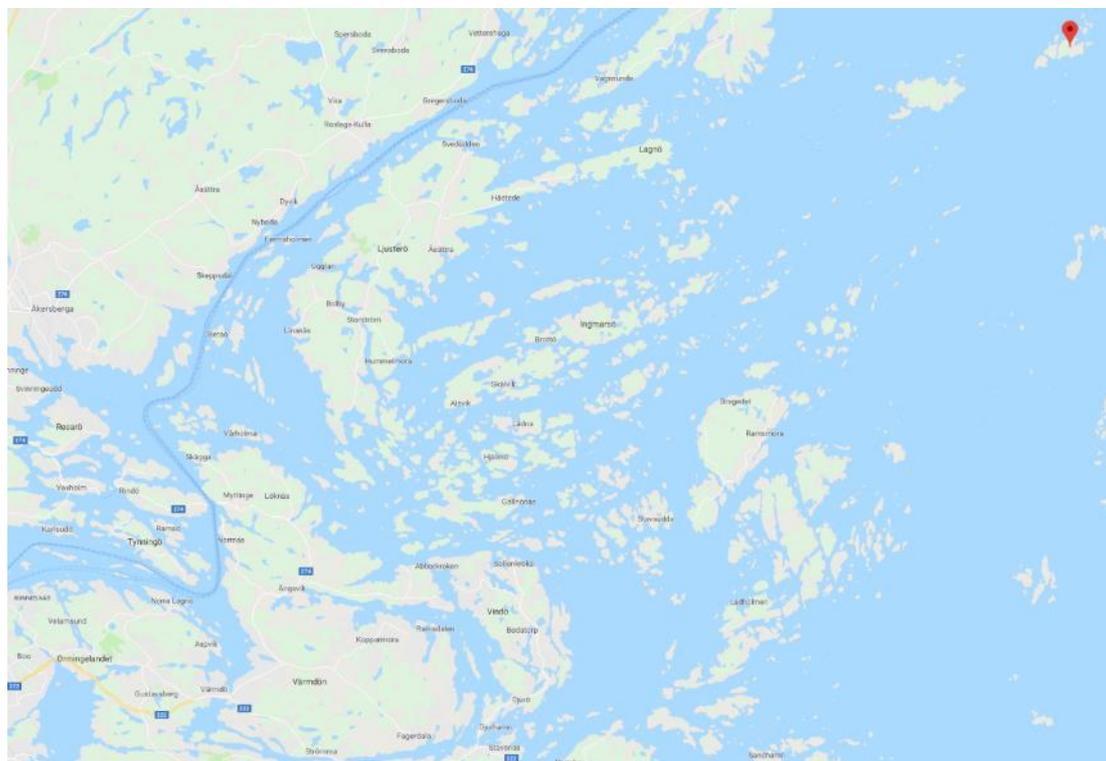
In June 2008, the county administrative board in Stockholm decided that Stora Nassa would be one of two areas of consideration in the county. The purpose of the decision is that "boaters, recreational residents and other archipelagos can find peace and quiet". Everyone is asked to pay attention to each other by, for example, slowing down, taking care of their garbage, and not playing high volume music.







## Rödlöga



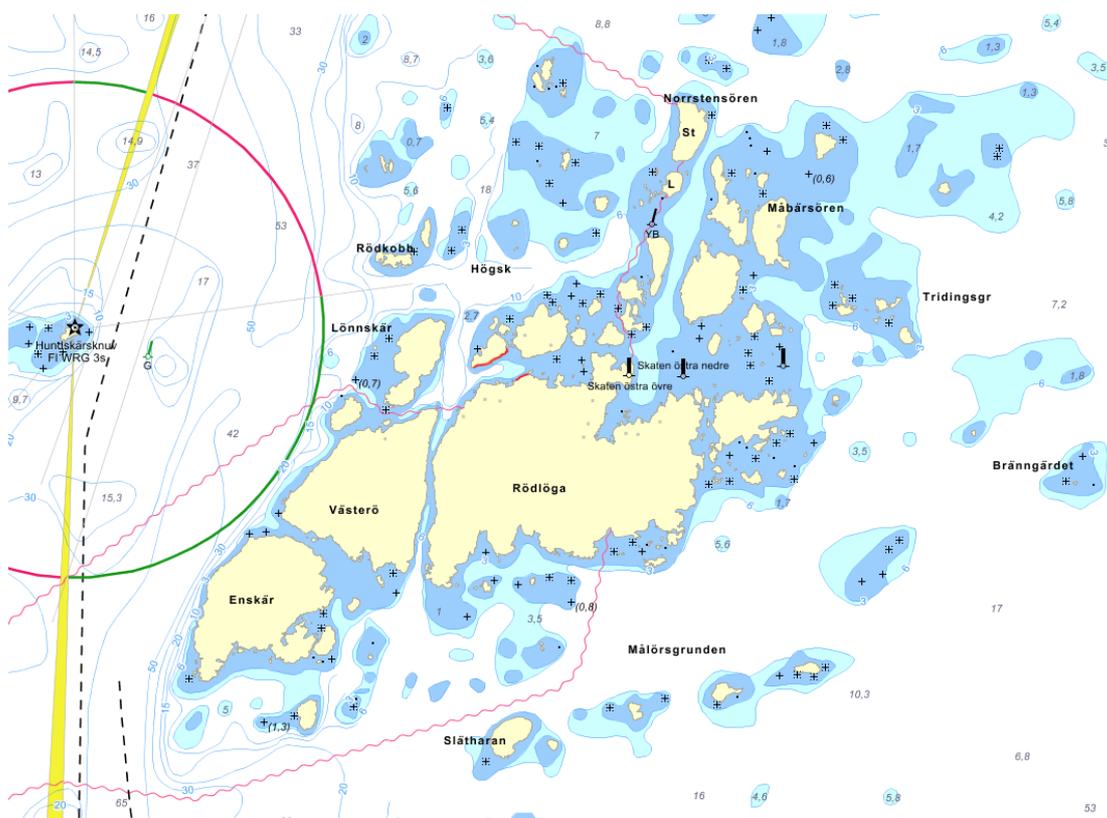
**Rödlöga** is a cluster of islets outside in the Stockholm archipelago. The main island had been permanently inhabited since the 18th century into the 1970s when its last permanent resident, George Nordström, died. Rödlöga is today a spot for boating vacation.

Rödlöga is famous for its beautiful nature. If you want to experience life in the outer archipelago, this place is perfect.

On the island there is no electricity and no running water.

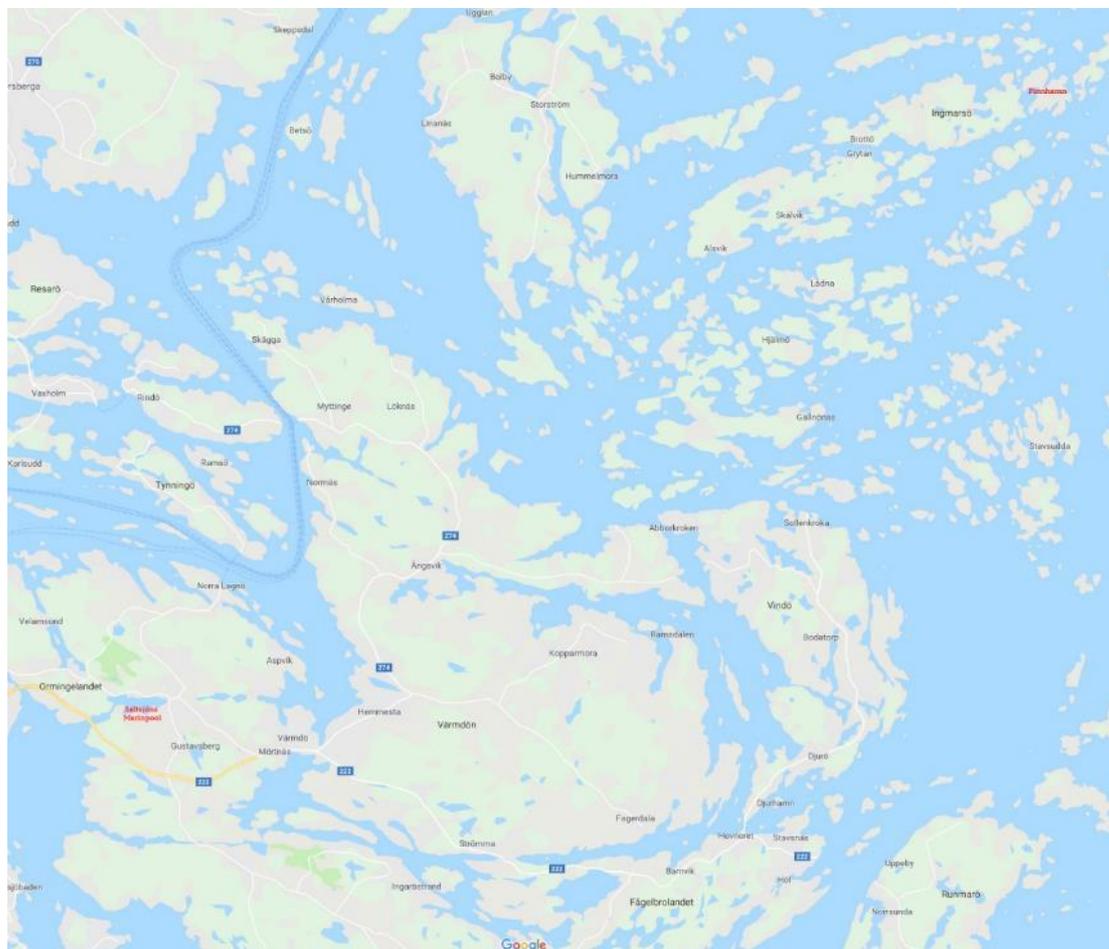
At Rödlöga there is a very well-stocked grocery store and cottages for rent.





The red lines mark places to more to the shore.

## Finnhamn and Paradiset



Finnhamn was one of the Stockholm archipelago's first holiday havens and the islands are still among the archipelago's most visited. Today the island is owned and managed by The Archipelago Foundation, and large parts are classified as nature reserves thanks to the island's unique scenery and numerous flora. You can wander through deciduous forests, meadows and vibrant farming communities in the west, and primeval forests and barren archipelago landscapes in the east.

The Finnhamn Trail is a 2 km long, self-guided hike where you can learn more about Finnhamn's unique nature. If you're observant, you can also see many different bird species, deer, badgers and foxes.

The island's character and attractions change over the seasons. In early summer, nature is at its most beautiful and biodiversity can be observed at its best. In peak summer months, there are plenty of visitors, the shop and restaurant are open, and you have a number of different leisure activities and types of accommodation to choose from. Rather than eating at the restaurant, take a packed lunch or cook your own food in the hostel's kitchen.





The red lines mark places to move to the shore.







The red lines mark places to move closer to the shore.

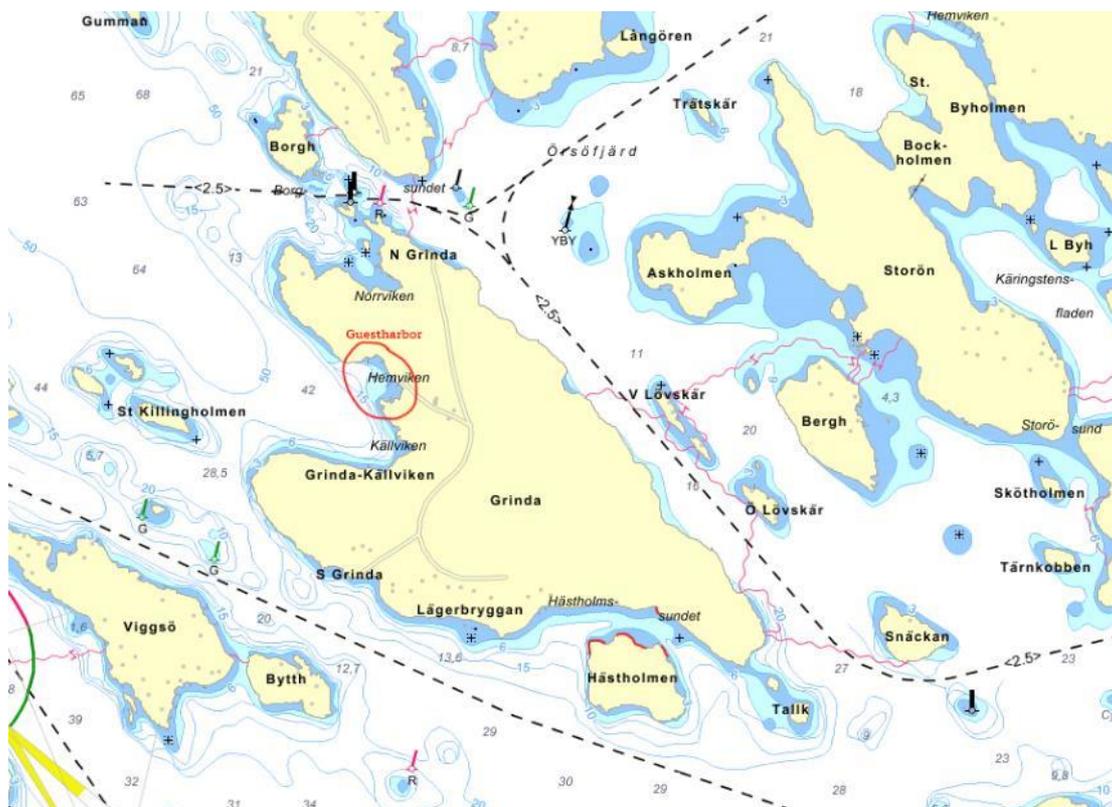
## Grinda



Grinda is a charming destination for the whole family. The island, also a nature reserve, is owned and managed by the Archipelago Foundation. There are nice and child-friendly bathing areas at both the southern and northern steamboat piers. The island also has several beautiful viewpoints. Take a stroll and enjoy the tranquility and nature.

At the Grinda Gård farm, you can see chickens, cows and sheep in their natural environments. In the farm shop, which is open on certain days during the summer, you can buy eggs, vegetables, meat and sheepskin. Grinda also has a guest harbour, the pier restaurant "Framfickan", the inn Grinda Wärdshus, a general store and café. If you'd like to stay the night, there are hotels, hostels and cottages.





The red lines mark places to more to the shore.